

second grade oral health lesson plan

NAME THAT SMILE!

Overview:

Through this interactive bulletin board, students will have fun using their deduction skills and reviewing good dental habits.

Supplies:

- Camera
- Printer
- Large area for display (bulletin board)
- Glue/tape

Steps:

1. Take a picture of each student's mouth while smiling. Make sure to get a close up so that only the mouth is in the picture.

2. Lead the class in reviewing the steps to a healthy smile (brushing twice a day for two minutes each time, flossing once a day, going to the dentist, eating healthy foods, avoiding sugary foods and drinks, etc.). Ask students how they think they would feel if their smile weren't healthy.
3. Ask students to draw pictures of what they do to take care of their teeth. Under the picture they should write about what they are doing in their picture. Tell students not to put their name on front of the picture.
4. Create a bulletin board that says "Name That Smile!" Post the pictures of each student's smile on the bulletin board. You can either number the pictures or do flip tabs so students can then see their classmate's name. Have students try to guess which smile belongs to which student, using their deduction skills. You can also put the picture the student drew underneath their smile.

Extension/Adaptations:

Instead of a bulletin board you can post one smile each day and feature that student. Give little clues throughout the day; at the end of the day have students guess who the "Smile of the Day" belongs to. After the student is revealed, have them tell about the picture they drew and discuss things that they like to do or eat to keep their teeth healthy.

National Health Education Standards: 1, 6, 7



2nd grade

Delta Dental of Michigan

These lesson plans were developed by the
McMillen Center for Health Education.